

## Fun Facts About Dr. Martha Libster

- Born - Columbus, Ohio, USA.
- Started career as professional dancer in New York City originally trained as Denishawn dancer since age 7.
- Degree in dance education/pre-dance therapy (1981) from New York University.
- 36 years Registered Nursing. Graduate Mount St Mary's in Los Angeles (1986).
- 23 years Advanced Practice Nursing. Graduate University of Colorado (1999).
- Board Certified Advanced Practice Holistic Nurse.
- Award-winning Researcher and Author 11 books and 34 Professional Papers
- Hundreds of botanical studies translated for nursing practice
- Designer of three practice models:
  - Integrative Nursing,
  - Health Culture Diplomacy,
  - Elements of Care - Precision Self-care with Plants as Partners
- More than 25 collaborations with nurses and indigenous leaders internationally.
- Founder of the Bamboo Bridge Global Tea House (2006).
- Invited Speaker on nursing, global health, policy and reform, and wellness innovations for diverse audiences, such as World Health Organization, US Botanical Garden, Royal College of Nursing, and Africa-Asia Forum on Public Healthcare Bioethics for Children/Youth Honoring 100 Years of Nelson Mandela's Legacy.
- Has an enduring passion to bring you choices in the healing arts inspired by precision science and the ancient wisdom traditions of many cultures.
- Married 28 years to Harold.
- Living with two energetic 9 year-old West Highland White Terriers named Ros and Rowan.

