

Martha M. Libster, PhD, MSN, APRN-PMHCNS, APHN-BC, FAAN

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PROFESSIONAL SUMMARY

- **Expert Educator and Designer in Healthcare and Nursing** - provides best practice and sustainable evidence-based program design and administration that meets all regulatory and professional objectives while incorporating distance learning and innovations in pedagogy, and outcomes evaluations to ensure excellence in public and institutional programs, continuing, and higher education.
- **Precision-oriented Nurse Consultant, Researcher, Author and Award-winning Historian** demonstrates measurable outcomes for strength-based workforce development, research, communication, writing projects, and memorable presentations according to agreed timelines.
- **Perceptive, Relationship-centered, Board-Certified Holistic Advanced Practice Psychiatric Mental Health Clinical Nurse Specialist** in solution-focused counseling and existential care across the lifespan with international publications and practice models in Nurse-Herbalism, Precision Self-care, Integrative Holistic Nursing, Health Culture Diplomacy, and Nurse-Psychotherapy Training.

LICENSURE (Active)

Wisconsin RN #229508 – 30; **Illinois** RN 041.395135 / APRN-CNS 209.010396; **California**

RN #402167 / APRN-CNS #3410; **Colorado** RN#85020 / APRN-CNS

#CAPN0000819CCNS.

National Board Certification: APHN-BC (AHNCC) #2295

ANA / WNA Membership #04431156

CURRICULUM VITAE

EDUCATIONAL HISTORY

<u>Degree</u>	<u>Year</u>	<u>Institution</u>	<u>(Area of Study)</u>
PhD	2004	Oxford Brookes University Oxford, England *A “Recognized Body” (Accredited to grant degrees in the UK.) Research Supervisor: Professor Anne Digby	Humanities/Healthcare History “Herbal Integrators: The use of botanical therapies by mid-nineteenth century American nurses during the Botanical Medical Movement 1830-1860.”

MSN	1999	University of Colorado Denver, CO	Psychiatric Mental Health APRNCNS – Infant Mental Health
BSN (Cum Laude)	1987	Mount St. Mary's College	Nursing
AA	1986	Los Angeles, CA	Nursing
BS	1981	New York University, NY	Education and Dance

HONORS, AWARDS, AND FELLOWSHIPS

- 2021 **Fellow of the American Academy of Nursing**
Expert Panels: Global Health; Environmental Health; Psychiatric Mental Health and Substance Use Nursing.
- 2018 Invited Speaker: *Health Culture Diplomacy and IKS, Bioethics, and Infant Mental Health. Centre in Indigenous Knowledge Systems, University of KwaZulu-Natal, Durban, South Africa*
Indigenous Knowledge Systems Preconference and the Africa-Asia Forum on Public Healthcare Bioethics for Children and Youth Honoring 100 Years of Nelson Mandela's Legacy.
- 2018 2018 Keynote and World Café Facilitator: *Holistic Care – Perceptions, Problems, and Practice. Wisconsin Resource Center Peer Support Teams. Oshkosh, WI.*
- 2014 Endnote: *Embodying the Elements of Care: Making, Becoming, and Being Medicine.* Inaugural Traditional Root Conference.
National College of Natural Medicine. Portland, OR.
- 2014 Convener and Keynote: *Bamboo Bridge Global Tea House. National Museum Te Papa. Wellington, New Zealand.*
- 2013 **Faith Andrews Research Fellowship in Shaker Culture,** Winterthur Museum, Library and Gardens. Winterthur, Delaware.
- 2012 Keynote: *Building Caring Community: Current trends and issues in complementary therapies and nursing around the world. 5th Asian-Pacific International Conference on Complementary Nursing. Bangkok, Thailand.*
- 2010 Visiting Research Scientist: Nursing and Indigenous Knowledge Systems
Northwest University School of Nursing, Mafikeng, South Africa. Funded Medical Research Council of South Africa.
- 2010 Invited Speaker: *Beyond the Chaos: Innovation and Original Thought in Nursing Science, University of Pretoria School of Nursing, Pretoria, South Africa.*

- 2009 **Carrier of the Five Arrows of Hiawatha.** (The Story of the Peacemaker)
Bestowed by Wisdom Keeper Mrs. Cecilia Mitchell (Mohawk
Nation and Iroquois Confederacy), Akwesasne, New York.
- 2008 Keynote. *An Historical Perspective of Self Care.* **10th International
Orem Society World Congress.** Vancouver, BC.
- 2008 **Faculty Advisor Award** East Carolina University College of Nursing Graduate
Student Organization.
- 2007 Keynote Speaker: *Herbal Diplomats.* **The Philip and Elkin Alston Lecture -
Atlanta Botanical Garden.** Atlanta, GA.
- 2005 **Lavinia Dock Award for Exemplary Historical Research and Writing –
Book Publication,** American Association for the History of
Nursing – Herbal Diplomats.
- 2004 Keynote: *Healing Traditions and Nursing Practice.* **Purdue University**
Conference on Nursing History and Ethics: Cooperative
Approaches to Health Care in a Changing World. West
Lafayette, IN.
- 2003 Invited Speaker: *Integrating Nursing and Healing Traditions.* **World Health
Organization.** Geneva, Switzerland. Invited by Dr. Naeema Al-
Gasseer, WHO Chief Scientist Nursing and Midwifery.
- 2003 Keynote and Speaker: *One week workshop – Herbs, Healing, and Hope.*
Nursing Spectrum Hawaiian Cruise. Honolulu, HI.
- 2002 Keynote: *Back to the Roots: Teaching Botanical Therapies to Nurses and The
American Experience – Complementary Therapies in Nursing
Practice and Education.* **Royal College of Nursing Conference
on Complementary Therapies in Nursing Education and
Practice.** Cardiff, Wales.
- 2002 Keynote: *The Use of Botanical Therapies by Early 19th Century American
“Nurses”* **Nursing History Colloquium.** Oxford, England.
- 2002 Invited Participant: **Gillette Nursing Summit** Integrative Nursing Leadership.

EMPLOYMENT HISTORY (Academic and Clinical Practice)

Academic

August 2020 – Present	Visiting Professor; Director Academic Clinical Partnership Design; Designer and Administrator PMHNP Program	Milwaukee School of Engineering School of Nursing
August 2016- June 2017	Associate Dean Research Nursing	University of Wisconsin Oshkosh
August 2011- July 2016	Chair / Director Nursing; Director of Research and Evidence-Based Practice Professor Tenured	Governors State University
Aug 2006 – June 2010	Assoc. Professor Nursing Tenured Graduate Faculty	East Carolina University
Aug 2004- June 2006	Associate Professor Nursing and History	Purdue University
2001 – 2003	Senior Clinical Instructor Nursing	University of Colorado Health Sciences Center
2000 – 2001	Assistant Professor Nursing	University of Northern Colorado
1998-99	Graduate Teaching Assistant / Adjunct	University of Colorado Health Science Center

Clinical Practice

2019 - 2022	Director – Nursing Education/ Academic Partnership Design	Rogers Behavioral Health System
1999-Present	Founding Executive Director in Education and Health Consultancy, Counseling, Science Writer, Speaker	Golden Apple Healing Arts/ Self-Care Institute
2018	Scientific Advisor Medical Cannabis- Consumer Health and Education	ST Biosciences
2012 – 2016	Advisory Committee	American Holistic Nurses Credentialing Corporation (AHNCC)

2014	Scientific Advisor	HerbPharm USA
2006	American Holistic Nurses Assn.	Liaison to US Traditional Medicine Program
2005-2007	Sage Mountain Conference and Retreat Center	Nurses Continuing Education Consultant
2001- 2003	Integrative Resource Center for Cancer Creator and Director	University of Colorado Hospital Cancer Center
1997-99	Health Resource Library Manager	Rose Medical Center Denver, CO
1996	Telehealth Nurse Counselor – Self-care	Health Decisions (Dr. Don Vickery <i>Take Care of Yourself</i>), Golden, CO
1995-1996	Director Natural Healthcare Hotline / Telehealth	Herb Research Foundation Boulder, CO

PUBLICATIONS

Guest Editorials (Invited)

Libster, M. (2010). Guest Editorial - From Flame to Bonfire: A Call for Companions. *Curationis: Journal of South African Nurses Assn.*, 33(1),3.

Libster, M. (2009). Guest Editorial - Behind the Shield: A Perspective on H1N1 from the Inner Terrain. *Journal of Holistic Nursing*, 27(4), 218-22

Libster, M. (2003). Guest Editorial – “Integrative Care Product and Process – Considering the three T’s of Timing, Type, and Tuning.” *Complementary Therapies in Nursing and Midwifery*. 9(1): 1-4.

Journal Articles (Peer Reviewed)

Libster, M. (Jan/Feb 2023). The Tao of integrative nursing assessment (TINA): An East-West model for precision, complementarity, and inclusion in relationship-centered care. *Holistic Nursing Practice*. 37(1): E1-13. (Online only)

Libster, M. (2019). Gentle Remedies: Restoring faith in the first step of nonpharmacological infant mental health care for the prevention and treatment of “disruptive behavior.” *Archives of Psychiatric Nursing*, 33, 299 – 306. *Special Issue Infant Mental Health*.

Libster, M. (2018). Spiritual formation, Secularization, and Reform of Professional Nursing in Antebellum America. *Journal of Professional Nursing*, 34, 47-53.

Libster, M. (2011) Lessons Learned from a History of Perseverance and Innovation in Academic-Practice Partnerships. *Journal of Professional Nursing*, 27(6), e76-e81.

Libster, M. (2011). Nursing’s Heritage of Forming Innovative Academic-Practice Partnerships. *American Association of Colleges of Nursing Task Force on Academic Practice Partnerships*. <http://www.aacn.nche.edu/downloads/academic-practice-partnerships-task-force/NursingHeritageForgingPartnerships.pdf>

Libster, M., Mulaudzi, M., Collins, S., Liang, O., Southworth, J., & Long, M. (2010). Tradition Meets Technology: Building Caring Community Online. *ANS: Advances in Nursing Science*, 33(4), 362-375.

Libster, M. (2009). A History of Shaker Nurse-herbalism, health reform, and the American Botanical Medical Movement (1830-1860). *Journal of Holistic Nursing*, 27(4), 222-231.

Mulaudzi, F. M., **Libster, M.,** & Phiri, S. (2009). Suggestions for creating a welcoming nursing community: Ubuntu, cultural diplomacy, and mentoring. *International Journal of Human Caring*, 13(2), 45-51.

Libster, M. (2008). Perspectives on the History of Self Care. *Self-Care, Dependent-Care and, Nursing*, 16 (2), 8-1.

Libster, M. (2008). Commentary and Plant Perspective on Hypericum and Nurses: A Comprehensive Literature Review on the Efficacy of St. John's Wort in the treatment of depression. *Journal of Holistic Nursing*, 26 (3), 208-211.

Libster, M. (2008). Elements of Care: Nursing Environmental Theory in Historical Context. *Holistic Nursing Practice*, 22(3), 160-170.

Libster, M. (2006). Dancing Away Dispiritedness. *AJN: American Journal of Nursing*, 106(11):72c-73c.

Libster, M. (1999). “Guidelines for selecting a medical herbalist for consultation and referral.” *Journal of Alternative and Complementary Medicine*, 5(5): 457-462.

Books (Peer-Reviewed)

Libster, M. (2022). *Precision Nursing Science: Integrative Holistic Nursing with the Elements of Care*. Wauwatosa, WI: Golden Apple Publications.

Libster, M. (2022). *Precision Self-care for Nurses: The Elements of Care® Program for Beating Burnout*. Wauwatosa, WI: Golden Apple Publications.

Libster, M. (2020). *Gentle Medicine for Balance in Body and Peace of Mind: The Elements of Care® Program*. Wauwatosa, WI: Golden Apple Publications.

Libster, M. (2020). *Gentle Medicine for Balance in Body and Peace of Mind. The Elements of Care® Program Experiential Guide*. Wauwatosa, WI: Golden Apple Publications.

ANA and AHNA. (2018). *American Holistic Nurses Assn. Scope and Standards 3rd Ed.* Contributing Author Core Values, Standards and Content on Herbs, Healing Environment, Nursing History, APRN practice, Self-care, Faith Community, and Culturally Congruent Practice.

Libster, M. (2014). *Science of Energy Flow®: Foot Reflexology with Herbal Stress Relief*. Wauwatosa, WI: Golden Apple Publications.

Libster, M. (2012). *The Nurse-Herbalist: Integrative insights for holistic practice*. Wauwatosa, WI: Golden Apple Publications.

Libster, M. & McNeil, B.A. (2009). *Enlightened Charity: The holistic care, education and “Advices Concerning the Sick” of Sister Matilda Coskery, (1799-1870)*. Wauwatosa, WI: Golden Apple Publications.

Libster, M. (2004). *Herbal Diplomats: The contribution of early American nurses (1830-1860) to 19th century health care reform and the Botanical Medical Movement*. Wauwatosa, WI: Golden Apple Publications. Lavinia Dock Award.

Libster, M. (2002). *Delmar’s Integrative Herb Guide for Nurses and Delmar’s Integrative Herb Guide for Nurses*. Albany, NY: Delmar/International Thomson Learning.

Libster, M. (2001). *Demonstrating Care: The Art of Integrative Nursing*. Albany, NY: Delmar Cengage Learning.

Book Chapters / E - Publications (Peer-Reviewed)

Libster, M. (2021). Kindness as the remedy of remedies: A History of psychiatric mental health nursing. Wauwatosa, WI: Golden Apple Publications Monographs.

Libster, M. (2018). *Holistic and Integrative Nursing: Elements of Practice*. Continuing education hours for nurses – 20 Hours. Brockton, MA: Western Schools.

Libster, M. (2017). *Medicinal Marijuana*. Interdisciplinary continuing education course for nurses, behavioral health and pharmacy – 5 Hours. Brockton, MA: Western Schools.

Piascik, P. & Libster, M. (2017). *Dietary supplements and complementary therapies*. Continuing education for nurses – 3 Hours. Brockton, MA: Western Schools.

Piascik, P. & Libster, M. (2017). *Fish oil and omega – 3 fatty acid supplementation: Uses, effectiveness, and safety*. Continuing education for nurses – 3 Hours. Brockton, MA: Western Schools.

Piascik, P. & Libster, M. (2017). *Glucosamine, chondroitin, melatonin, coenzyme Q10, and cranberry supplementation*. Continuing education for nurses – 2 Hours. Brockton, MA: Western Schools.

Libster, M. (2015). A History of Psychiatric Mental Health Nursing. In Potter & Moller, *Psychiatric Mental Health Nursing: From Suffering to Hope*. Upper Saddle River, NJ: Pearson, Prentiss-Hall.

Libster, M. (2015). Editorial- Enlightenment in the Circle of Culture
In *Perspectives on Cultural Diplomacy*, Vol. 1 Nursing. Wauwatosa, WI: Golden Apple Publications.

Libster, M. (2015). Cultural Diplomacy: Demonstrating Person-Centered Care and Coaching. *Perspectives on Cultural Diplomacy*. Vol. 1 Nursing. Wauwatosa, WI: Golden Apple Publications.

Libster, M., Phillips, S., Smith Taylor, J., Southard, M., and Bryant, S. (2015). The Cultural Diplomacy Model™ for Demonstrating Person-Centered Care and Coaching. *Perspectives on Cultural Diplomacy*. Vol. 1 Nursing. Wauwatosa, WI: Golden Apple Publications.

Libster, M. (2014). *APRNVoices: Holes in the historical fabric of American nursing*. Wauwatosa, WI: Golden Apple Publications Monographs.

Libster, M. (2009). *Healing journeys*. Northside High School **Documentary - short**. Wauwatosa, WI: Golden Apple Publications.

Libster, M. (2002). *Delmar's Integrative Herb Guide for Nurses CD-ROM* (17 Video instructions on herbal applications). Albany, NY. Delmar/International Thomson Learning.

Monographs and Databases (Peer Reviewed)

Science Writer. Natural Standard. 2002.

Monograph Science Writer & Consultant. Complementary and Alternative Medicine Database. Micromedex, Inc. 1999-2000.

- Chlorophyll (1999) Hops (1999)
- Linoleic Acid (2000) Bilberry (2000)

Science Writer. Natural Healthcare Hotline Database - Herb Research Foundation. 1995-1996.

Journal Articles

Libster, M. (2009). Enlightenment: Elements of self-care. *Quest*, 97 (3), 96-101.

Libster, M. M. (2008). Nursing in the Garden Laboratory and Kitchen Clinic. *Beginnings*, 28 (4), 4-7.

FUNDED RESEARCH AND SCHOLARLY PROJECTS

Libster, M. (2013-2014) Near and Dear Sisters: The Spirit of Nursing in Antebellum Shaker Communities. Winterthur - Faith Andrews Research Fellowship in Shaker Culture. One Month Residency. \$1,750. Role: Historian Fellow.

Libster, M. (2013). APRNVoices: An Oral History of the Consensus Model.

E-Publication Monograph: Libster, M. (2014). APRNVoices: Holes in the Historical Fabric of American Nursing. Role: PI Historian.

Libster, M. with Nursing and Indigenous Partners (2006 - ongoing). Bamboo Bridge Global Tea Houses: Action Research on Cultural Diplomacy Model. Founded to address 2004 Sigma Theta Tau Arista Reports. Supported by donors and host venues. Role: Project Director (PD). 2007-2010 East Carolina University Faculty Liaison – Established Affiliation with World Health Organization Collaborating Center in Nursing and Midwifery (Primary Health Care) at University of Illinois Chicago, College of Nursing. Recognized by Dr. Jean Yan in May, 2009 for “potential significant contributions in making primary health care a reality.”

Libster, M. (May – June 2010). Northwest University Mafikeng, South Africa. \$4000. Funded by Medical Research Council, Cape Town, South Africa. Role: Visiting Research Scientist in Nursing and Indigenous Knowledge Systems.

Libster, M. East Carolina University College of Nursing HRSA Grant. Bagley, B. (PD) *Nurse midwifery education in rural and underserved North Carolina*. Role: Faculty and Consultant 25% Effort 2009-2012. Healing Traditions Curriculum for APRN Midwifery Program.

Libster, M. September 2009. Translating Historical research: Application of 19th century findings to contemporary nursing practice. East Carolina University. Role: PI Historian

Libster, M. January 2009. North Carolina Humanities Council. Presenting Mr. Frederick Douglass – Black History Month. \$1200. PD Historian.

Libster, M. (2008 – 2009). Supported by NC Arts Council Grant – Folklife. Northside High School. Herbal medicine making for health science students. “Healing Journeys” - Oral History documentary project. Role: PD and Visiting Lecturer [View Documentary](#)

Libster, M. (2007-2008) Back to Nature: The Rediscovery of Herbal Medicine, Northside High School, Beaufort County Schools, NC. Role: Visiting Lecturer Curriculum design and Faculty - herbal medicine and healing traditions for seniors interested in a career in the health professions.

Libster, M. (2007). History. Enlightened Charity: Holistic Nursing Care, Education, and the Advices Concerning the Sick of Sister Matilda Coskery (1799 – 1870).

Vincentian Studies Institute Research Grant 2007 \$10,000. Role PI

East Carolina University Creative Activities Grant \$14,269. Role: PI

Libster, M. (2003). Kids Know – Special Program for Children of Cancer Patients Ages 0-6. University of Colorado Cancer Center. Funded by CLIMB. \$60,000. Role: PD.

Libster, M. (2001). Integrative Herb Guide for Nurses Book / CD-ROM with videos – Making and apply herbal remedies. Delmar Thomson Learning. \$25,000. Role: PD, Author, Actor.

RESEARCH GRANTS AUTHORED – NOT FUNDED

(PI) **Libster, M.** & Wright, C. J. (2014). The Five Arrows Cultural Diplomacy Program: Innovations in Person-Centered Care. Skill Building for Educators in Graduate Programs for Advanced Practice Nursing. Foundation Grant: \$199,750.

(PI) **Libster, M.,** Moss, M. & Nolley, C. (2012). Seven Simples Self-Care for Common Health Concerns: Patient-Centered Outcomes Research in American Indian Communities. PCORI Grant: \$2,105,596.

(PD) Moss, D., **Libster, M.** & E. Adams. (2008). Medicine Makers Workshop: Seeds to Science. Burroughs Welcome Fund. \$167,333.

(PD) **Libster, M.** (2007). Recipes, Remedies, and Reform: Caring and Curing During the American Botanical Movement. NEH Implementation Grant – Special Programs. \$299,804 / 83,000 cost share raised from partners.

(PD) **Libster, M.** (2006). Voices from the Borderland: The Cultural Diplomacy of American Women Nurses During the Botanical Medical Movement, 1800-1860. NEH Implementation Grant – Special Programs. \$300,000/ \$88,585 cost share raised from partners.

(PD) **Libster, M.** (2005). *Voices from the Borderland: The Cultural Diplomacy of American Women Nurses During the Botanical Medical Movement, 1800-1860*. NEH Implementation Grant – Special Programs. \$500,000 / \$160,000 cost share raised from partners.

PROFESSIONAL ACTIVITIES AND COMMUNITY SERVICE

Editorships

2009 – 2013 Associate Editor for Botanicals: *Journal of Holistic Nursing*.

2002 Editor: *Natural Standard* (Pharmacy) Database.

1995 – 1996 Editor: *Natural Healthcare Hotline* Database - Herb Research Foundation.

Peer Reviewer

2011 - Present	<i>Journal of Professional Nursing</i>	Reviewer
2005 – Present	<i>AJN: American Journal of Nursing</i>	Reviewer
2005 - Present	<i>Herbalgram: Journal of the American Botanical Council</i>	Reviewer
2009 - 2017	<i>Journal of Alternative and Complementary Medicine</i>	Reviewer
2007 - 2013	<i>Journal Holistic Nursing</i>	Reviewer and Associate Editor - Botanicals
2003	<i>Integrative Nursing Journal</i>	Editorial Board
2003	<i>Journal of Herbal Pharmacotherapy</i>	Reviewer

Educational Consultation

2014 – Present	National Research Foundation – South Africa
2014 – Present	External Examiner – University of Pretoria, South Africa
2011 – Present	National Research Council of South Africa - Reviewer
2012 – 2016	Governors State University – DNP Committee Chair and Member
2010	Northwest University Mafeking, South Africa PhD Students in Nursing and Faculty Research and Nursing Theory Application
2008 – 2010	East Carolina University - Doctoral Committee Chair and Member; Graduate Student Independent Study and Publication

ACADEMIC TEACHING EXPERIENCE

2020 – Present	Design and Direct PMHNP Program Specialty Course for Formation of Nurse- Psychotherapist (Indiv, Families, Couples, Groups), Ethical Prescriber, Consultation Liaison Roles, Clinical Supervision	Milwaukee School of Engineering School of Nursing with Rogers Behavioral Health System
Spring 2017	Education Process MSN; Ethics BSN; Research BSN	University Wisconsin Oshkosh
Fall 2016	DNP / MSN Scholarly Project Mentor	University Wisconsin Oshkosh
Spring 2016	DNP Project Committee Chair; Research MSN (2 sect); Information Management Nursing Decision Making - DNP	Governors State University
Fall 2015	DNP Committee Chair; Philosophy and Theory MSN (Ethics); Role Residency Direct Practice – DNP; Informatics (BSN)	Governors State University
Spring 2015	DNP Committee Chair; Research MSN; Information Management Decision Making – DNP; Informatics (BSN)	Governors State University
Fall 2014	DNP Committee Chair; Philosophy and Theory MSN (Ethics); Role Residency Direct Practice – DNP, Informatics (BSN)	Governors State University
Spring 2014	DNP Project Committee Chair; Research MSN (2 sect); Information Management Nursing Decision Making – DNP	Governors State University
Fall 2013	Philosophy and Theory MSN (Ethics); Role Residency Direct Practice – DNP; Internship MSN CNS Capstone Project	Governors State University
Spring 2013	Research–MSN (2sect); Information Management Decision Making - DNP Advanced Research and Evidence-Based	Governors State University
Fall 2012	Practice–DNP; Role Residency Direct Practice – DNP; Internship MSN CNS Capstone Project	Governors State University

Spring/Sum 12	Nursing Leadership, Innovation, and Entrepreneurship – DNP; Information Management Nursing Decision - DNP	Governors State University
Fall 10	Supervision Psychiatric Nursing Courses and Undergrad. Research	Humboldt State University
Spring 10	Philosophy and Theory for Advanced Practice Nursing (Ethics); PhD Supervision	East Carolina University
Fall 09	Philosophy and Theory for Advanced Practice Nursing (Ethics) – Three sections PhD Supervision	East Carolina University
Spring 09	Philosophy and Theory for Advanced Practice Nursing (Ethics) – Two sections	East Carolina University
Fall 08	Philosophy and Theory for Advanced Practice Nursing (Ethics) – Two sections	East Carolina University
Summer 08	Guided Research Doctoral Student	East Carolina University
Spring 08	Philosophy and Theory for Advanced Practice Nursing (Ethics) – Two sections	East Carolina University
Fall 06 and Spring 07	Philosophy and Theory for Advanced Practice Nursing (Ethics); Introduction to Professional Nursing UG; Elective: Healing Traditions	East Carolina University
Spring 2006	Psychiatric Nursing – Theory and (Evidence-based practice);	Purdue University
Fall 2005	Psychiatric Nursing – Clinical; Professional Issues (Ethics, Culture)	Purdue University
Spring 2005	Leadership; Psychiatric Nursing – theory (Evidence-based practice); Professional Issues (Ethics, Culture)	Purdue University

Spring 2004	Research; Leadership (Change theory, Ethics); Professional Role; Psych Mental Health Nursing	Purdue University
Winter 2003	Botanical Therapies – Interdisciplinary Graduate Course	University of Colorado
Fall 2000 and Spring 2001	Foundations in Nursing Practice III (Qual Research, Leadership, Ethics); Mental Health Practicum/Theory (Incl. end-of-life)	University of Northern Colorado
Fall 1999	Nursing Philosophy Theory (Ethics); Teaching Assistant with Dr. Marlaine Smith	University of Colorado
1980	Student Teaching – The Dalton School For BS in Education	New York, New York

PRESENTATIONS

- Oct 2020 Invited Speaker: *Revising the Legend Repealing the Myth*. **Florida Atlantic University School of Nursing Doctoral Course on Historical Research.**
- April 2019/
Oct 2018 Invited Speaker: *Women Nurses and Religion*. **University of Wisconsin Oshkosh Women’s Studies History of Women Course.**
- Oct 2018 Invited Speaker: *Herbal Diplomacy The Role of Plants in Policy and Practice*. **Evergreen State College Botany Program, Olympia, WA.**
- May 2016
Youth Invited Speaker: *Tipis and Tea Houses: Cultural Diplomacy and the Healing of and a Nation*. International Symposium on Cultural Diplomacy in the United Nations. **Institute of Cultural Diplomacy**. New York, NY.
- Oct 2015 Invited Speaker: *Herbal Diplomacy: The Role of Plants in Policy and Practice*. **Evergreen State College Botany Program, Olympia, WA.**
- Oct 2015 Invited Speaker: *Partners with Plants in Self-Care*. **Kenilworth Garden Club, Wilmette, IL.**
- May 2015 Invited Speaker: *Remember to Rest: Herbal Garden Remedies for Health and Peace*. **Chicago Botanic Garden**. Chicago, IL.
- Sept 2014 Invited Speaker: *Herbal Self-Care: An American Healing Tradition Central to Health Care Reform Past, Present, and Future*.” **Lloyd Library**. Cincinnati, OH.

- Apr 2013 Speaker: *Plants as Partners in Caring*. **International Association of Human Caring Circle of Caring International** Teleconference.
- May 2008 Invited Speaker: *Faculty Development Workshop on Integrative Nursing*. **University of Portland School of Nursing**. Portland, OR.
- Nov. 2007 Invited Workshop Facilitator: *Cultivating the Garden Within*. **Atlanta Botanical Garden**. Atlanta, GA.
- Mar. 2007 Invited Speaker: *Recipes and Remedies: Celebrating Women's History Month*. **United States Botanic Garden**. Washington, DC.
- Sept. 2003 Invited Speaker: *Integrating Complementary Therapies in the Care of the Elderly*. **Annual Conference Geriatric Nurse Practitioners**. West Palm Beach, FL.
- July 2003 Invited Speaker: *History of Shaker Nurses and the American Botanical Medical Movement 1830-1860*. **Shaker Research Symposium**. Harvard, MA.

Podium Presentations, Panels, Workshops, Webinars, Podcasts

- Ongoing** Convener and Speaker: **Bamboo Bridge Global Tea House** – Quarterly Webinars Integrating Indigenous Wisdom and Emerging Science and Technologies to Promote Peace and Unity through Health Culture Diplomacy.
- Ongoing** Convener and Speaker: **Self-care Institute** at Golden Apple Healing Arts Monthly Webinars on Precision Self-care with Plants as Partners.
- Ongoing** Workshop (CE Nurses and Massage Therapists): *Foot Reflexology with Herbal Stress Relief Science of Energy Flow®* **Golden Apple Healing Arts**. (Since 2003)
- Oct 2021 **Podcast: The Remedial Herstory Project**. Episode 15 Did 19th century institutionalizing and deinstitutionalizing healthcare make it safer?
- Feb. 2021 Panelist: *Exploring the Impact of Cannabis Use on the Developing Brain*. (Virtual) **Eastern Wisconsin International Nurses Society on Addictions**.
- Aug 2016 Panel with M. Brucker (USA), M. Mulaudzi (S Africa): *Cultural Diplomacy and the Export and Import of Scholarship*. **INANE Conference London, UK**.
- Oct 2015 Convener Global Tea House and Presenter: *Health Belief*. **Parliament of World Religions**. Salt Lake City, UT.
- Feb 2015 Webinar CE Courses: *Nurse-Herbalist and Health Diplomacy*. Golden Apple Healing Arts. (Peer Reviewed – American Holistic Nurses Association)
2014, 2012

- Sept 2014 Presenter: *Rooting Nurses' Cultural Diplomacy Skill through Application of Modeling and Role Modeling Theory*. **Society for the Advancement of Modeling and Role-Modeling**. Cincinnati, OH.
- June 2014 **Convener** Global Tea House and Presenter: *Don't Rock the Boat: Essences, Extracts, and Embrocations for Easing into Emotional Clarity*. **National College of Natural Medicine**. Portland, Oregon.
- Mar 2014 Panelist - Body Talk: How we cover, uncover and use our bodies in health and healing. *As Above So Below: Making "Medicine" as Embodiment of Health Care and Reform*. **3rd Annual Conference Medicine and Religion**. **University of Chicago**. Chicago, IL.
- July 2012 Speaker: C. Nolley, T. Labriola, and **M. Libster**. Blackboard Collaborate Connections Summit 2012: *More than Classes and Credits- Leveraging Collaborate for Community Building and Culture Change*. New Orleans, LA.
- May 2012 Symposium Speaker: The Global Tea House: *Creating Caring Community-Elders, Earth, and Elements*. **International Association of Human Caring Annual Conference**. Philadelphia, PA.
- June 2010 Speaker: *Enlightened Charity: Reforming the Care of the Insane in 19th Century Maryland*, **History of Women Religious, Univ of Scranton**, Scranton, PA.
- Nov. 2009 Special Session – Organizer of The Global Tea House and Speaker: *Cultural Diplomacy and Healing Traditions*. Paper presentation - *Following the Roots of Care: Research utilization and botanical remedies in nursing*. **Sigma Theta Tau Biennium**. Indianapolis, IN.
- April 2009 Speaker: *Enlightened Charity and the Way of the Healer*. **Sigma Theta Tau Omicron Omega Chapter** Research and Leadership Event, Arcata, CA.
- April 2009 Speaker: *The Doctor - Nurse Game of the 1840s: To play or not to play*. **East Carolina University Medical History Interest Group**. Greenville, NC.
- April 2008 Speaker: *Holism, Hermeticism, and the Elements of Environmental Care of mid-19th Century Nurses*. **International Association for Human Caring Conference**. Chapel Hill, NC.
- April 2008 Speaker: *Control Those Women: The Nurse Doctor Game in Early 19th century America*. East Carolina University, Greenville, NC.
- Feb 2008 Speaker: *Cultural Diplomacy and the Bamboo Bridge Community*. **Beta Nu Chapter Sigma Theta Tau International**. Greenville, NC.

- Nov. 2007 Panel – International Communities of Interest. *The Bamboo Bridge*. **Sigma Theta Tau International Biennium Convention**. Baltimore, MD.
- Sept. 2007 Speaker: *Elements of Care: The History of Nursing in Environmental Context*. **European Association for the History of Medicine and Health**. London, England.
- Aug. 2006 Speaker: *The Herbal Nurse; The Intent to Dream; Solution-focused Counseling Techniques for the Herbalist*. **New England Women’s Herb Conference**. Peterborough, NH.
- Oct. 2005 Workshop: *Herbs, Healing, and Home Remedies*. **State of Indiana Master Naturalist Certification Course**. Delphi, IN.
- Aug. 2005 Speaker: *Solution-focused Counseling Techniques for the Herbalist; Speaking Out: 19th Century Women Healthcare Reformers; Herbal Applications in Foot Reflexology*. **New England Women’s Herb Conference**. Peterborough, NH.
- July 2005 Symposium: *A History of Healing Traditions in American Nursing: European-American, American Indian, and African-American*. **Sigma Theta Tau International Research Conference**. Kona, Hawaii.
- Sept. 2003 Speaker: *Herbal Diplomats*. **American Association for the History of Nursing, Annual Conference**, Milwaukee, Wisconsin.

Professional Affiliations

2021 – Present	American Academy of Nursing	USA
1997 - Present	Sigma Theta Tau International – Nursing Honor Society	International
2016 – Present	Midwest Nursing Research Society: 2022 Co-Chair of Academic Practice Partnership Research Interest group 2022 MNRS DEI Task Force	USA
2020 - Present	American Historical Association	USA
1995 – Present	American Nurses Association / Wisconsin Nurses Association (WNA)	USA
2019 - Present	WNA APRN RoundTable	Wisconsin
2015 - Present	International Academy of Nurse Editors	International
2005 - Present	American Botanical Council Advisory Board	USA
2013 – Present	The Authors Guild	USA
2006 – Present	Bamboo Bridge (Global Tea House) Founder / Director	International
2004 – Present	National League for Nursing	USA
2015 – 2022	Society for Transcultural Nursing	International
2002 - 2018	American Association for the History of Nursing	USA
2008 - 2016	International Association for Human Caring	International

Practice Specialty Certifications

2010 Recert. 2020 Exp 2025	AHNCC Advanced Practice Holistic Nurse
2004	Servant Leadership Training – R.K. Greenleaf Center, Indiana
2001	End of Life Nursing Education Curriculum (ELNEC) Robert Wood Johnson Faculty Grant, Washington D.C.
1999	Partners in Parenting Education (PIPE), Certified, Denver, CO
1997	Institute of HeartMath – Level One
1995	International Institute for Infant Massage Instructor. Boulder, CO
1993	Traditional Chinese Herbal Medicine. Rocky Mountain Herbal Institute, Hot Springs, Montana
1991	Certified Foot Zone Therapy. Centre for Alternativ Medisin, Kristiansand, Norway Ersdal Method
1987 - 1997	American Red Cross Instructor: CPR, First Aid, Emergency Response
1984	Foot Reflexology/Aromatherapy/Hydrotherapy. Glendale Foot Reflexology Clinic, Glendale, CA Certified OMA Method
1984	Jin Shin Jyutsu Mother’s Touch. Center for Wholeness, Malibu, CA