

**Martha M. Libster, PhD, MSN, APRN-PMHCNS, APHN-BC, FAAN**

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**PROFESSIONAL SUMMARY**

- **Precision-oriented Nurse Consultant, Researcher, Historian, and Author** demonstrates excellence in research, communication, consultation, writing, and presentations according to agreed timelines.
- **Perceptive Person-Centered, Relationship-centered Board Certified Holistic Advanced Practice Psychiatric Mental Health Clinical Nurse Specialist** in solution-focused counseling and existential care across the lifespan with international practice models and publications in Nurse-Herbalism, Precision Integrative Holistic Nursing and Self-care, Health Culture Diplomacy, and Infant Mental Health.
- **Expert Educator and Designer in Healthcare and Nursing** - provides best practice and sustainable evidence-based program designs that meet all regulatory and professional objectives; incorporates distance learning and innovations in pedagogy, and outcomes evaluations to ensure excellence in public and institutional programs, continuing, and higher education.

**LICENSURE (Active)**

**Wisconsin RN #229508 – 30; Illinois RN 041.395135 / APRN-CNS 209.010396; California RN #402167 / APRN-CNS #3410; Colorado RN#85020 / APRN-CNS**

**#CAPN0000819CCNS.**

**National Board Certification: APHN-BC (AHNCC) #2295**

**ANA / WNA Membership #04431156**

**CURRICULUM VITAE**

**EDUCATIONAL HISTORY**

<u>Degree</u>	<u>Year</u>	<u>Institution</u>	<u>(Area of Study)</u>
PhD	2004	Oxford Brookes University Oxford, England *A “Recognized Body” (Accredited to grant degrees in the UK.) Research Supervisor: Professor Anne Digby	Humanities/Healthcare History “Herbal Integrators: The use of botanical therapies by mid-nineteenth century American nurses during the Botanical Medical Movement 1830-1860.”
MSN	1999	University of Colorado Denver, CO	Psychiatric Mental Health APRNCNS – Infant Mental Health
BSN (Cum Laude)	1987	Mount St. Mary’s College	Nursing
AA	1986	Los Angeles, CA	Nursing
BS	1981	New York University, NY	Education and Dance

## **HONORS, AWARDS, AND FELLOWSHIPS**

- 2021        **Fellow of the American Academy of Nursing**  
Expert Panels: Global Health; Environmental Health; Psychiatric Mental Health and Substance Use Nursing.
- 2018        Invited Speaker: *Health Culture Diplomacy and IKS, Bioethics, and Infant Mental Health*. **Centre in Indigenous Knowledge Systems, University of KwaZulu-Natal, Durban, South Africa**  
Indigenous Knowledge Systems Preconference and the Africa-Asia Forum on Public Healthcare Bioethics for Children and Youth Honoring 100 Years of Nelson Mandela’s Legacy.
- 2018        2018 Keynote and World Café Facilitator: *Holistic Care – Perceptions, Problems, and Practice*. **Wisconsin Resource Center Peer Support Teams**. Oshkosh, WI.
- 2014        Endnote: *Embodying the Elements of Care: Making, Becoming, and Being Medicine*. Inaugural Traditional Root Conference. **National College of Natural Medicine**. Portland, OR.
- 2014        Convener and Keynote: *Bamboo Bridge Global Tea House*. **National Museum Te Papa**. Wellington, New Zealand.
- 2013        **Faith Andrews Research Fellowship in Shaker Culture**, Winterthur Museum, Library and Gardens. Winterthur, Delaware.
- 2012        Keynote: *Building Caring Community: Current trends and issues in complementary therapies and nursing around the world*. **5<sup>th</sup> Asian-Pacific International Conference on Complementary Nursing**. Bangkok, Thailand.
- 2010        Visiting Research Scientist: Nursing and Indigenous Knowledge Systems **Northwest University School of Nursing, Mafikeng, South Africa**. Funded Medical Research Council of South Africa.
- 2010        Invited Speaker: *Beyond the Chaos: Innovation and Original Thought in Nursing Science*, **University of Pretoria School of Nursing, Pretoria, South Africa**.
- 2009        **Carrier of the Five Arrows of Hiawatha**. (The Story of the Peacemaker) Bestowed by Wisdom Keeper Mrs. Cecilia Mitchell (Mohawk Nation and Iroquois Confederacy), Akwesasne, New York.

- 2008 Keynote. *An Historical Perspective of Self Care*. **10<sup>th</sup> International Orem Society World Congress**. Vancouver, BC.
- 2008 **Faculty Advisor Award** East Carolina University College of Nursing Graduate Student Organization.
- 2007 Keynote Speaker: *Herbal Diplomats*. **The Philip and Elkin Alston Lecture - Atlanta Botanical Garden**. Atlanta, GA.
- 2005 **Lavinia Dock Award for Exemplary Historical Research and Writing – Book Publication**, American Association for the History of Nursing – Herbal Diplomats.
- 2004 Keynote: *Healing Traditions and Nursing Practice*. **Purdue University** Conference on Nursing History and Ethics: Cooperative Approaches to Health Care in a Changing World. West Lafayette, IN.
- 2003 Invited Speaker: *Integrating Nursing and Healing Traditions*. **World Health Organization**. Geneva, Switzerland. Invited by Dr. Naeema Al-Gasseer, WHO Chief Scientist Nursing and Midwifery.
- 2003 Keynote and Speaker: *One week workshop – Herbs, Healing, and Hope*. **Nursing Spectrum Hawaiian Cruise**. Honolulu, HI.
- 2002 Keynote: *Back to the Roots: Teaching Botanical Therapies to Nurses and The American Experience – Complementary Therapies in Nursing Practice and Education*. **Royal College of Nursing Conference on Complementary Therapies in Nursing Education and Practice**. Cardiff, Wales.
- 2002 Keynote: *The Use of Botanical Therapies by Early 19<sup>th</sup> Century American “Nurses”* **Nursing History Colloquium**. Oxford, England.
- 2002 Invited Participant: **Gillette Nursing Summit** Integrative Nursing Leadership.

### **EMPLOYMENT HISTORY (Academic and Clinical Practice)**

#### **Academic**

August 2020 – Adjunct Professor Liaison Rogers BH  
Present

Milwaukee School of Engineering  
School of Nursing

August 2016- June 2017 Associate Dean Research Nursing

University of Wisconsin Oshkosh

August 2011- July 2016	Chair / Director Nursing; Director of Research and Evidence-Based Practice Professor Tenured	Governors State University
Aug 2006 – June 2010	Assoc. Professor Nursing Tenured Graduate Faculty	East Carolina University
Aug 2004- June 2006	Associate Professor Nursing and History	Purdue University
2001 – 2003	Senior Clinical Instructor Nursing	University of Colorado Health Sciences Center
2000 – 2001	Assistant Professor Nursing	University of Northern Colorado
1998-99	Graduate Teaching Assistant / Adjunct	University of Colorado Health Science Center

### **Clinical Practice**

2019 - Present	Director – Nursing Academic Partnership Design	Rogers Behavioral Health System
1999-Present	Founding Executive Director in Education and Health Consultancy, Counseling, Science Writer, Speaker	Golden Apple Healing Arts/ Self-Care Institute
2018	Scientific Advisor Medical Cannabis- Consumer Health and Education	ST Biosciences
2012 – 2016	Advisory Committee	American Holistic Nurses Credentialing Corporation (AHNCC)
2014	Scientific Advisor	HerbPharm USA
2006	American Holistic Nurses Assn.	Liaison to US Traditional Medicine Program
2005-2007	Sage Mountain Conference and Retreat Center	Nurses Continuing Education Consultant
2001- 2003	Integrative Resource Center for Cancer Creator and Director	University of Colorado Hospital Cancer Center

1997-99	Health Resource Library Manager	Rose Medical Center Denver, CO
1996	Telehealth Nurse Counselor – Self-care	Health Decisions (Dr. Don Vickery <i>Take Care of Yourself</i> ), Golden, CO
1995-1996	Director Natural Healthcare Hotline / Telehealth	Herb Research Foundation Boulder, CO

## **PUBLICATIONS**

### **Guest Editorials (Invited)**

**Libster, M.** (2010). Guest Editorial - From Flame to Bonfire: A Call for Companions. *Curationis: Journal of South African Nurses Assn.*, 33(1),3.

**Libster, M.** (2009). Guest Editorial - Behind the Shield: A Perspective on H1N1 from the Inner Terrain. *Journal of Holistic Nursing*, 27(4), 218-22

**Libster, M.** (2003). Guest Editorial – “Integrative Care Product and Process – Considering the three T’s of Timing, Type, and Tuning.” *Complementary Therapies in Nursing and Midwifery*. 9(1): 1-4.

### **Journal Articles (Peer Reviewed)**

**Libster, M.** (2021). The Tao of integrative nursing assessment (TINA): An East-West model for precision, complementarity, and inclusion in relationship-centered care. *Holistic Nursing Practice*. (In Press).

**Libster, M.** (2019). Gentle Remedies: Restoring faith in the first step of nonpharmacological infant mental health care for the prevention and treatment of “disruptive behavior.” *Archives of Psychiatric Nursing*. 33, 299 – 306. *Special Issue Infant Mental Health*.

**Libster, M.** (2018). Spiritual formation, Secularization, and Reform of Professional Nursing in Antebellum America. *Journal of Professional Nursing*, 34, 47-53.

**Libster, M.** (2011) Lessons Learned from a History of Perseverance and Innovation in Academic-Practice Partnerships. *Journal of Professional Nursing*. 27(6), e76-e81.

**Libster, M.** (2011). Nursing’s Heritage of Forming Innovative Academic-Practice Partnerships. *American Association of Colleges of Nursing Task Force on Academic Practice Partnerships*. <http://www.aacn.nche.edu/downloads/academic-practice-partnerships-task-force/NursingHeritageForgingPartnerships.pdf>

**Libster, M.,** Mulaudzi, M., Collins, S., Liang, O., Southworth, J., & Long, M. (2010). Tradition Meets Technology: Building Caring Community Online. *ANS: Advances in Nursing Science*, 33(4), 362-375.

**Libster, M.** (2009). A History of Shaker Nurse-herbalism, health reform, and the American Botanical Medical Movement (1830-1860). *Journal of Holistic Nursing*, 27(4), 222-231.

Mulaudzi, F. M., **Libster, M.,** & Phiri, S. (2009). Suggestions for creating a welcoming nursing community: Ubuntu, cultural diplomacy, and mentoring. *International Journal of Human Caring*, 13(2), 45-51.

**Libster, M.** (2008). Perspectives on the History of Self Care. *Self-Care, Dependent-Care and, Nursing*, 16 (2), 8-1.

**Libster, M.** (2008). Commentary and Plant Perspective on Hypericum and Nurses: A Comprehensive Literature Review on the Efficacy of St. John's Wort in the treatment of depression. *Journal of Holistic Nursing*, 26 (3), 208-211.

**Libster, M.** (2008). Elements of Care: Nursing Environmental Theory in Historical Context. *Holistic Nursing Practice*, 22(3), 160-170.

**Libster, M.** (2006). Dancing Away Dispiritedness. *AJN: American Journal of Nursing*. 106(11):72c-73c.

**Libster, M.** (1999). "Guidelines for selecting a medical herbalist for consultation and referral." *Journal of Alternative and Complementary Medicine*, 5(5): 457-462.

### **Books (Peer-Reviewed)**

**Libster, M.** (2022). *Precision Nursing Science: Integrative Holistic Nursing with the Elements of Care*. Wauwatosa, WI: Golden Apple Publications.

**Libster, M.** (2022). *Precision Self-care for Nurses: The Elements of Care® Program for Beating Burnout*. Wauwatosa, WI: Golden Apple Publications.

**Libster, M.** (2020). *Gentle Medicine for Balance in Body and Peace of Mind: The Elements of Care® Program*. Wauwatosa, WI: Golden Apple Publications.

**Libster, M.** (2020). *Gentle Medicine for Balance in Body and Peace of Mind. The Elements of Care® Program Experiential Guide*. Wauwatosa, WI: Golden Apple Publications.

ANA and AHNA. (2018). *American Holistic Nurses Assn. Scope and Standards 3rd Ed.* Contributing Author Core Values, Standards and Content on Herbs, Healing Environment, Nursing History, APRN practice, Self-care, Faith Community, and Culturally Congruent Practice.

**Libster, M.** (2014). *Science of Energy Flow®: Foot Reflexology with Herbal Stress Relief.* Wauwatosa, WI: Golden Apple Publications.

**Libster, M.** (2012). *The Nurse-Herbalist: Integrative insights for holistic practice.* Wauwatosa, WI: Golden Apple Publications.

**Libster, M. & McNeil, B.A.** (2009). *Enlightened Charity: The holistic care, education and “Advices Concerning the Sick” of Sister Matilda Coskery, (1799-1870).* Wauwatosa, WI: Golden Apple Publications.

**Libster, M.** (2004). *Herbal Diplomats: The contribution of early American nurses (1830-1860) to 19<sup>th</sup> century health care reform and the Botanical Medical Movement.* Wauwatosa, WI: Golden Apple Publications. Lavinia Dock Award.

**Libster, M.** (2002). *Delmar’s Integrative Herb Guide for Nurses and Delmar’s Integrative Herb Guide for Nurses.* Albany, NY: Delmar/International Thomson Learning.

**Libster, M.** (2001). *Demonstrating Care: The Art of Integrative Nursing.* Albany, NY: Delmar Cengage Learning.

### **Book Chapters / E - Publications (Peer-Reviewed)**

**Libster, M.** (2021). Kindness as the remedy of remedies: A History of psychiatric mental health nursing. Wauwatosa, WI: Golden Apple Publications Monographs.

**Libster, M.** (2018). *Holistic and Integrative Nursing: Elements of Practice.* Continuing education hours for nurses – 20 Hours. Brockton, MA: Western Schools.

**Libster, M.** (2017). *Medicinal Marijuana.* Interdisciplinary continuing education course for nurses, behavioral health and pharmacy – 5 Hours. Brockton, MA: Western Schools.

**Piascik, P. & Libster, M.** (2017). *Dietary supplements and complementary therapies.* Continuing education for nurses – 3 Hours. Brockton, MA: Western Schools.

**Piascik, P. & Libster, M.** (2017). *Fish oil and omega – 3 fatty acid supplementation: Uses, effectiveness, and safety.* Continuing education for nurses – 3 Hours. Brockton, MA: Western Schools.

**Piascik, P. & Libster, M.** (2017). *Glucosamine, chondroitin, melatonin, coenzyme Q10, and cranberry supplementation*. Continuing education for nurses – 2 Hours. Brockton, MA: Western Schools.

**Libster, M.** (2015). A History of Psychiatric Mental Health Nursing. In Potter & Moller, *Psychiatric Mental Health Nursing: From Suffering to Hope*. Upper Saddle River, NJ: Pearson, Prentiss-Hall.

**Libster, M.** (2015). Editorial- Enlightenment in the Circle of Culture  
In *Perspectives on Cultural Diplomacy*, Vol. 1 Nursing. Wauwatosa, WI: Golden Apple Publications.

**Libster, M.** (2015). Cultural Diplomacy: Demonstrating Person-Centered Care and Coaching. *Perspectives on Cultural Diplomacy*. Vol. 1 Nursing. Wauwatosa, WI: Golden Apple Publications.

**Libster, M., Phillips, S., Smith Taylor, J., Southard, M., and Bryant, S.** (2015). The Cultural Diplomacy Model™ for Demonstrating Person-Centered Care and Coaching. *Perspectives on Cultural Diplomacy*. Vol. 1 Nursing. Wauwatosa, WI: Golden Apple Publications.

**Libster, M.** (2014). *APRNVoices: Holes in the historical fabric of American nursing*. Wauwatosa, WI: Golden Apple Publications Monographs.

**Libster, M.** (2009). *Healing journeys*. Northside High School **Documentary - short**. Wauwatosa, WI: Golden Apple Publications.

**Libster, M.** (2002). *Delmar's Integrative Herb Guide for Nurses CD-ROM* (17 Video instructions on herbal applications). Albany, NY. Delmar/International Thomson Learning.

### **Monographs and Databases (Peer Reviewed)**

Science Writer. Natural Standard. 2002.

Monograph Science Writer & Consultant. Complementary and Alternative Medicine Database. Micromedex, Inc. 1999-2000.

- Chlorophyll (1999)
- Hops (1999)
- Linoleic Acid (2000)
- Bilberry (2000)

Science Writer. Natural Healthcare Hotline Database - Herb Research Foundation. 1995-1996.



## **Journal Articles**

- Libster, M.** (2009). Enlightenment: Elements of self-care. *Quest*, 97 (3), 96-101.
- Libster, M. M.** (2008). Nursing in the Garden Laboratory and Kitchen Clinic. *Beginnings*, 28 (4), 4-7.

## **FUNDED RESEARCH AND SCHOLARLY PROJECTS**

**Libster, M.** (2013-2014) Near and Dear Sisters: The Spirit of Nursing in Antebellum Shaker Communities. Winterthur - Faith Andrews Research Fellowship in Shaker Culture. One Month Residency. \$1,750. Role: Historian Fellow.

**Libster, M.** (2013). APRNVoices: An Oral History of the Consensus Model.  
**E-Publication Monograph: Libster, M.** (2014). APRNVoices: Holes in the Historical Fabric of American Nursing. Role: PI Historian.

**Libster, M. with Nursing and Indigenous Partners** (2006 - ongoing). Bamboo Bridge Global Tea Houses: Action Research on Cultural Diplomacy Model. Founded to address 2004 Sigma Theta Tau Arista Reports. Supported by donors and host venues. Role: Project Director (PD).  
2007-2010 East Carolina University Faculty Liaison – Established Affiliation with World Health Organization Collaborating Center in Nursing and Midwifery (Primary Health Care) at University of Illinois Chicago, College of Nursing.  
Recognized by Dr. Jean Yan in May, 2009 for “potential significant contributions in making primary health care a reality.”

**Libster, M.** (May – June 2010). Northwest University Mafikeng, South Africa. \$4000. Funded by Medical Research Council, Cape Town, South Africa. Role: Visiting Research Scientist in Nursing and Indigenous Knowledge Systems.

**Libster, M.** East Carolina University College of Nursing HRSA Grant. Bagley, B. (PD) *Nurse midwifery education in rural and underserved North Carolina*. Role: Faculty and Consultant 25% Effort 2009-2012. Healing Traditions Curriculum for APRN Midwifery Program.

**Libster, M.** September 2009. Translating Historical research: Application of 19<sup>th</sup> century findings to contemporary nursing practice. East Carolina University. Role: PI Historian

**Libster, M.** January 2009. North Carolina Humanities Council. Presenting Mr. Frederick Douglass – Black History Month. \$1200. PD Historian.

**Libster, M.** (2008 – 2009). Supported by NC Arts Council Grant – Folklife. Northside High School. Herbal medicine making for health science students. “Healing Journeys” - Oral History documentary project. Role: PD and Visiting Lecturer [View Documentary](#)

**Libster, M.** (2007-2008) Back to Nature: The Rediscovery of Herbal Medicine, Northside High School, Beaufort County Schools, NC. Role: Visiting Lecturer Curriculum design and Faculty - herbal medicine and healing traditions for seniors interested in a career in the health professions.

**Libster, M.** (2007). History. Enlightened Charity: Holistic Nursing Care, Education, and the Advices Concerning the Sick of Sister Matilda Coskery (1799 – 1870).  
Vincentian Studies Institute Research Grant 2007 \$10,000. Role PI  
East Carolina University Creative Activities Grant \$14,269. Role: PI

**Libster, M.** (2003). Kids Know – Special Program for Children of Cancer Patients Ages 0-6. University of Colorado Cancer Center. Funded by CLIMB. \$60,000. Role: PD.

**Libster, M.** (2001). Integrative Herb Guide for Nurses Book / CD-ROM with videos – Making and apply herbal remedies. Delmar Thomson Learning. \$25,000. Role: PD, Author, Actor.

## **PROFESSIONAL ACTIVITIES AND COMMUNITY SERVICE**

### **Editorships**

2009 – 2013 Associate Editor for Botanicals: *Journal of Holistic Nursing*.

2002 Editor: *Natural Standard* (Pharmacy) Database.

1995 – 1996 Editor: *Natural Healthcare Hotline* Database - Herb Research Foundation.

### **Peer Reviewer**

2011 - Present	<i>Journal of Professional Nursing</i>	Reviewer
2005 – Present	<i>AJN: American Journal of Nursing</i>	Reviewer
2005 - Present	<i>Herbalgram: Journal of the American Botanical Council</i>	Reviewer
2009 - 2017	<i>Journal of Alternative and Complementary Medicine</i>	Reviewer
2007 - 2013	<i>Journal Holistic Nursing</i>	Reviewer and Associate Editor - Botanicals
2003	<i>Integrative Nursing Journal</i>	Editorial Board
2003	<i>Journal of Herbal Pharmacotherapy</i>	Reviewer

## PRESENTATIONS

- Oct 2020      Invited Speaker: *Revising the Legend Repealing the Myth*. **Florida Atlantic University School of Nursing Doctoral Course on Historical Research.**
- April 2019/  
Oct 2018      Invited Speaker: *Women Nurses and Religion*. **University of Wisconsin Oshkosh Women's Studies History of Women Course.**
- Oct 2018      Invited Speaker: *Herbal Diplomacy The Role of Plants in Policy and Practice*. **Evergreen State College Botany Program, Olympia, WA.**
- May 2016  
Youth      Invited Speaker: *Tipis and Tea Houses: Cultural Diplomacy and the Healing of and a Nation*. International Symposium on Cultural Diplomacy in the United Nations. **Institute of Cultural Diplomacy, New York, NY.**
- Oct 2015      Invited Speaker: *Herbal Diplomacy: The Role of Plants in Policy and Practice*. **Evergreen State College Botany Program, Olympia, WA.**
- Oct 2015      Invited Speaker: *Partners with Plants in Self-Care*. **Kenilworth Garden Club, Wilmette, IL.**
- May 2015      Invited Speaker: *Remember to Rest: Herbal Garden Remedies for Health and Peace*. **Chicago Botanic Garden, Chicago, IL.**
- Sept 2014      Invited Speaker: *Herbal Self-Care: An American Healing Tradition Central to Health Care Reform Past, Present, and Future.* **Lloyd Library, Cincinnati, OH.**
- Apr 2013      Speaker: *Plants as Partners in Caring*. **International Association of Human Caring Circle of Caring International Teleconference.**
- May 2008      Invited Speaker: *Faculty Development Workshop on Integrative Nursing*. **University of Portland School of Nursing, Portland, OR.**
- Nov. 2007      Invited Workshop Facilitator: *Cultivating the Garden Within*. **Atlanta Botanical Garden, Atlanta, GA.**
- Mar. 2007      Invited Speaker: *Recipes and Remedies: Celebrating Women's History Month*. **United States Botanic Garden, Washington, DC.**
- Sept. 2003      Invited Speaker: *Integrating Complementary Therapies in the Care of the Elderly*. **Annual Conference Geriatric Nurse Practitioners, West Palm Beach, FL.**
- July 2003      Invited Speaker: *History of Shaker Nurses and the American Botanical Medical Movement 1830-1860*. **Shaker Research Symposium, Harvard, MA.**

## Podium Presentations, Panels, Workshops, Webinars, Podcasts

- Ongoing** Convener and Speaker: **Bamboo Bridge Global Tea House** – Quarterly Webinars Integrating Indigenous Wisdom and Emerging Science and Technologies to Promote Peace and Unity through Health Culture Diplomacy.
- Ongoing** Convener and Speaker: **Self-care Institute** at Golden Apple Healing Arts Monthly Webinars on Precision Self-care with Plants as Partners.
- Ongoing** Workshop (CE Nurses and Massage Therapists): *Foot Reflexology with Herbal Stress Relief Science of Energy Flow®* **Golden Apple Healing Arts.**  
(Since 2003)
- Oct 2021 **Podcast: The Remedial Herstory Project.** Episode 15 Did 19<sup>th</sup> century institutionalizing and deinstitutionalizing healthcare make it safer?
- Feb. 2021 Panelist: *Exploring the Impact of Cannabis Use on the Developing Brain.* (Virtual) **Eastern Wisconsin International Nurses Society on Addictions.**
- Aug 2016 Panel with M. Brucker (USA), M. Mulaudzi (S Africa): *Cultural Diplomacy and the Export and Import of Scholarship.* **INANE Conference London, UK.**
- Oct 2015 Convener Global Tea House and Presenter: *Health Belief.* **Parliament of World Religions.** Salt Lake City, UT.
- Feb 2015 Webinar CE Courses: *Nurse-Herbalist and Health Diplomacy.* Golden Apple  
2014, 2012 Healing Arts. (Peer Reviewed – American Holistic Nurses Association)
- Sept 2014 Presenter: *Rooting Nurses’ Cultural Diplomacy Skill through Application of Modeling and Role Modeling Theory.* **Society for the Advancement of Modeling and Role-Modeling.** Cincinnati, OH.
- June 2014 **Convener** Global Tea House and Presenter: *Don’t Rock the Boat: Essences, Extracts, and Embrocations for Easing into Emotional Clarity.* **National College of Natural Medicine.** Portland, Oregon.
- Mar 2014 Panelist - Body Talk: How we cover, uncover and use our bodies in health and healing. *As Above So Below: Making “Medicine” as Embodiment of Health Care and Reform.* **3rd Annual Conference Medicine and Religion.** **University of Chicago.** Chicago, IL.
- July 2012 Speaker: C. Nolley, T. Labriola, and **M. Libster.** Blackboard Collaborate Connections Summit 2012: *More than Classes and Credits- Leveraging Collaborate for Community Building and Culture Change.* New Orleans, LA.

- May 2012      Symposium Speaker: *The Global Tea House: Creating Caring Community-Elders, Earth, and Elements*. **International Association of Human Caring Annual Conference**. Philadelphia, PA.
- June 2010      Speaker: *Enlightened Charity: Reforming the Care of the Insane in 19th Century Maryland*, **History of Women Religious, Univ of Scranton**, Scranton, PA.
- Nov. 2009      Special Session – Organizer of The Global Tea House and Speaker: *Cultural Diplomacy and Healing Traditions*. Paper presentation - *Following the Roots of Care: Research utilization and botanical remedies in nursing*. **Sigma Theta Tau Biennium**. Indianapolis, IN.
- April 2009      Speaker: *Enlightened Charity and the Way of the Healer*. **Sigma Theta Tau Omicron Omega Chapter** Research and Leadership Event, Arcata, CA.
- April 2009      Speaker: *The Doctor - Nurse Game of the 1840s: To play or not to play*. **East Carolina University Medical History Interest Group**. Greenville, NC.
- April 2008      Speaker: *Holism, Hermeticism, and the Elements of Environmental Care of mid-19<sup>th</sup> Century Nurses*. **International Association for Human Caring Conference**. Chapel Hill, NC.
- April 2008      Speaker: *Control Those Women: The Nurse Doctor Game in Early 19<sup>th</sup> century America*. East Carolina University, Greenville, NC.
- Feb 2008      Speaker: *Cultural Diplomacy and the Bamboo Bridge Community*. **Beta Nu Chapter Sigma Theta Tau International**. Greenville, NC.
- Nov. 2007      Panel – International Communities of Interest. *The Bamboo Bridge*. **Sigma Theta Tau International Biennium Convention**. Baltimore, MD.
- Sept. 2007      Speaker: *Elements of Care: The History of Nursing in Environmental Context*. **European Association for the History of Medicine and Health**. London, England.
- Aug. 2006      Speaker: *The Herbal Nurse; The Intent to Dream; Solution-focused Counseling Techniques for the Herbalist*. **New England Women's Herb Conference**. Peterborough, NH.
- Oct. 2005      Workshop: *Herbs, Healing, and Home Remedies*. **State of Indiana Master Naturalist Certification Course**. Delphi, IN.
- Aug. 2005      Speaker: *Solution-focused Counseling Techniques for the Herbalist; Speaking Out: 19<sup>th</sup> Century Women Healthcare Reformers; Herbal Applications in Foot Reflexology*. **New England Women's Herb Conference**. Peterborough, NH.

- July 2005      Symposium: *A History of Healing Traditions in American Nursing: European-American, American Indian, and African-American*. **Sigma Theta Tau International Research Conference**. Kona, Hawaii.
- Sept. 2003      Speaker: *Herbal Diplomats*. **American Association for the History of Nursing**, Annual Conference, Milwaukee, Wisconsin.

### **Professional Affiliations**

2021 – Present	American Academy of Nursing	USA
1997 - Present	Sigma Theta Tau International – Nursing Honor Society	International
1995 – Present	American Nurses Association / Wisconsin Nurses Association (WNA)	USA
2019 - Present	WNA APRN RoundTable	Wisconsin
2015 - Present	International Academy of Nurse Editors	International
2005 - Present	American Botanical Council	USA
2015 – Present	Society for Transcultural Nursing	International
2013 – Present	The Authors Guild	USA
2006 – Present	Bamboo Bridge (Global Tea House) Founder / Director	International
2004 – Present	National League for Nursing	USA
2016 – 2017	Midwest Nursing Research Society	USA
2020 – Present	Self-care and Decision-Making RIIGs	

### **Practice Specialty Certifications**

2010 Recert. 2020	AHNCC Advanced Practice Holistic Nurse
2001	End of Life Nursing Education Curriculum (ELNEC) Robert Wood Johnson Faculty Grant, Washington D.C.
1999	Partners in Parenting Education (PIPE), Certified, Denver, CO
1997	Institute of HeartMath – Level One
1995	International Institute for Infant Massage Instructor. Boulder, CO
1993	Traditional Chinese Herbal Medicine. Rocky Mountain Herbal Institute, Hot Springs, Montana
1991	Foot Zone Therapy. Centre for Alternativ Medisin, Kristiansand, Norway
1987	American Red Cross: CPR/First Aid, Emergency Response
1984	Foot Reflexology/Aromatherapy/Hydrotherapy. Glendale Foot Reflexology Clinic, Glendale, CA
1984	Jin Shin Jyutsu Mother’s Touch. Center for Wholeness, Malibu, CA