

MARTHA MATHEWS LIBSTER, PHD, MSN, APRN-CNS, FAAN

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HealthCare - Education Executive – Organization, Workforce, Community Development

EXECUTIVE PROFILE

Dedicated, experienced, and results-oriented health and education executive specializing in behavioral healthcare with a track record of leading culturally diverse interprofessional teams in designing solution-focused strategies to achieve organizational goals by building a culture of engagement, competence, kindness, cultural diplomacy, and accountability. Inspiring innovation in teams committed to serving humanity and demonstrating excellence in clinical, nursing, educational, and operational outcomes. Passionate to improve the health of people, families, communities, and organizations through experiences that lead to greater balance in body, peace of mind, and discovery of purpose and belonging.

SKILL HIGHLIGHTS

<ul style="list-style-type: none">Operational and Educational Regulatory and Accreditation Oversight, Analyses, and Reporting (Hospital and Academic)	<ul style="list-style-type: none">Professor of Nursing 20 years (Tenured)Solution-Focused Organization, Workforce, and Community Development
<ul style="list-style-type: none">Business Development, Marketing, and Working with Foundations, Boards, and Donors	<ul style="list-style-type: none">Financial/Budget ManagementGrants Management
<ul style="list-style-type: none">Human Resource Management – hiring, training, coaching, counseling, evaluating, as well as employee recognition and engagement	<ul style="list-style-type: none">Operations Management and Education at National (multi-state), Regional, Hospital, Clinics, Residential, Community-Based Service Levels
<ul style="list-style-type: none">Policy and Procedure Development, Archiving, and Implementation – Roll Out and Evaluation	<ul style="list-style-type: none">Organization, Program, and Project Management, Redesign, and Compliance
<ul style="list-style-type: none">Leadership in Recruitment and RetentionElements of Care Precision Self-care Model	<ul style="list-style-type: none">Hospital System Leadership - EducationDirector Academic Practice Partnerships
<ul style="list-style-type: none">Health Culture Diplomacy as Inclusion in System Change and TransitionSpecialist in World Café Method	<ul style="list-style-type: none">Award-winning Historian / 44 Book, EPUB, and Journal PublicationsSenior Science Writer/ Editor-in-Chief / Publisher
<ul style="list-style-type: none">Design and Administration Evidence-Based Distance Learning, Onsite, and Hybrid Curriculum	<ul style="list-style-type: none">Psychiatric Clinical Nurse Specialist (APRN), Consultation-Liaison and Clinical Supervision
<ul style="list-style-type: none">Workforce Development Expertise in Nursing (USA and South Africa)	<ul style="list-style-type: none">Carrier Five Arrows of Hiawatha – Partner with Indigenous Leaders (Ex. Lakota, Mohawk, Maori)
<ul style="list-style-type: none">Integration of Technology and Tradition in Community Building (Virtual and Onsite)	<ul style="list-style-type: none">International Expert Integrative Holistic NursingHerbal Medicine, Foot Reflexology, Jin Shin
<ul style="list-style-type: none">IRB Member, Outcome and Program Evaluation and Research (ResearchGate Martha-Libster / ORCID #0000-0002-1546-0347)	<ul style="list-style-type: none">Choreographer – Space Design and WorkflowDenishawn -Trained Modern Dancer; First Company Sachiyo Ito Dance Co.
<ul style="list-style-type: none">Funded 1.4 million Design- Write – Administer 14 Projects (HRSA, State, Foundation, Donor)	<ul style="list-style-type: none">Professional Speaker / Improvisational PoetCultivating Growth Mindset

EDUCATION

PHD – Medical Humanities – Health Care and Nursing History

Master of Science in Nursing – Psychiatric Mental Health Clinical Nurse Specialist – Infant Mental Health

Bachelor of Science in Nursing / Bachelor of Science Education – Dance Movement Therapy

Student Teaching: The Dalton School New York, New York

PROFESSIONAL REGISTRATION

Registered Nurse – Wisconsin, Illinois, Colorado, California APRN - CNS - Illinois, Colorado, California
National Board Certification – AHNCC - Advanced Practice Holistic Nurse

CAREER PROGRESSION

SOS-YOUTH PROGRAM – WI State Funded (HRSA) Nursing Work Force Dev Jan 2024 – Oct 2024
Program Designer and Director – Design, administer, teach state-wide RN/APRN workforce development health culture diplomacy program community mental health addressing Asian- Wisconsin youth suicide and belonging. Integrate Train-the-Trainer Behavioral Health professional development for workforce to increase advanced psychiatric mental health nursing skills to be used in providing community health and education activities that address teen suicide rates and belonging in Asian- Wisconsin youth within their communities.

ROGERS BEHAVIORAL HEALTH with MKE SCHOOL OF ENGINEERING – MKE, WI Mar 2019 – Aug 2023
Director of System Nursing Education and Academic Practice Partnership Design – Designed and staffed nursing education department for health system. Leadership team for operations and compliance. Oversaw shared governance, streamlining process for new policy and procedures, improving communication channels and meaningful orientations, mentorship and Self-care programs, and professional development. Design, Direct, and Co-Teach First Two MSN Cohorts - 9 PMHNP Program Specialty Courses: Content on Solution-Focused Existentialist Nurse-Psychotherapy (Indiv, Families, Couples, Groups), APRN-PMH Simulation, Ethics of Prescribing, Precision Self-care and Integrative care, Consultation Liaison Roles, Clinical Supervision. Contract completed Aug 2023.

GOLDEN APPLE HEALING ARTS, LLC - Wauwatosa, WI Jan 1999 - Present
Founder, Director, APRN Services, Publisher – Precision Self-care Institute Health Education Services. Private practice: Nurse Psychotherapy (Solution-focused, Cognitive Behavioral, Existentialism). International Consultation and Professional Speaking Services.

WESTERN SCHOOLS – Virtual Contract Nursing CE Curriculum Writer Apr 2017 – Aug 2019
Continuing Education Courses Written: Medicinal Marijuana; Depression; Introduction to Dietary Supplements; Regulation of Dietary Supplements; Probiotics; Holistic Nursing.

UNIVERSITY OF WISCONSIN OSHKOSH - Oshkosh, WI Aug 2016 – June 2017
Associate Dean Research and Professor Design research department. Faculty development. Courses Taught: Education Process MSN; Ethics BSN; Research BSN; DNP / MSN Scholarly Project Mentor.

GOVERNORS STATE UNIVERSITY – University Park, IL July 2011 – July 2016
Tenured Professor, Program Chair, Director of Research - Led accreditation and national and state regulatory compliance, program implementation and evaluation, recruitment and retention. Courses Taught: DNP Project Committee Chair; Research MSN (2 sect); Information Management Nursing Decision Making – DNP; Philosophy and Theory MSN (Ethics); Role Residency Direct Practice – DNP; Informatics (BSN); Advanced Research and Evidence-Based Practice-DNP; Internship MSN CNS Capstone Project; Nursing Leadership, Innovation, and Entrepreneurship – DNP.

HUMBOLDT STATE UNIVERSITY – Arcata, CA Tenured Chair and Director. July 2010 – Dec 2010
Led national and state regulatory compliance, program evaluation and plan for renovation or closure. Worked with Board of Nursing after Faculty Vote to Close the Program. Courses Taught: Supervision Psychiatric Nursing Courses and Undergrad. Research.

NORTHWEST UNIVERSITY – Mafikeng, South Africa May 2010
Visiting Research Scientist and Consultant to nursing and indigenous medicine faculty.

EAST CAROLINA UNIVERSITY – Greenville, NC **Aug 2006 – June 2010**

Tenured Associate Professor of Nursing. Faculty Director of Graduate Student organization. Launched Bamboo Bridge international community of interest with Sigma Theta Tau/WHO Collaborating Center. Courses taught: Philosophy and Theory for Advanced Practice Nursing (Ethics); PhD Supervision; Introduction to Professional Nursing UG; Elective: Healing Traditions

PURDUE UNIVERSITY – West Lafayette, IN **Aug 2004 – June 2006**

Associate Professor Nursing – Assistant Director of History Center. Courses designed and taught: Psychiatric Nursing – Theory and (Evidence-based practice); Psychiatric Nursing – Clinical; Professional Issues (Ethics, Culture); Leadership (Change Theory); Research

UNIVERSITY OF COLORADO CANCER CENTER – Aurora, CO **July 2001 – July 2004**

Designer and Administrator of Donor-Funded Patient Resource Center, Patient Experience Leadership Team, Educational Program and Evaluation, Staff Trainings (Budget 350 K every 2 years)

UNIVERSITY OF NORTHERN COLORADO – Greeley, CO **Aug 2000 – June 2001**

Assistant Professor Nursing. Leader of Psychiatric Mental Health Nursing (BSN). Courses Taught: Foundations in Nursing Practice III (Qual Research, Leadership, Ethics); Mental Health Practicum/Theory (Incl. end-of-life)

UNIVERSITY OF COLORADO School of Nursing – Denver, CO **Aug 1998 – Dec 1999**

Adjunct Professor Nursing. Graduate Teaching Assistant - Nursing Philosophy Theory (Ethics) with Professor Marlaine Smith.

ROSE MEDICAL CENTER – Denver, CO **1997 - 1999**

Medical Library Manager. Medical Staff Support. Converted paper to Electronic System

REGISTERED NURSE – **1986 - 1997**

Telehealth Director, Community Infant Project Nurse, School Health Nurse, Manager for Three Clinic Practices, Six Years Home Care and Integrative Health in Rural Parish Community-Based Clinic

COMMUNITY IMPACT

Fellow American Academy of Nursing – Panels: Global, Mental Health, Environment	2021 - Present
Editor-in-Chief Journal Integrative Nursing (2023 – Present) and Guest Editorships	2003 - Present
Wauwatosa Women’s Club – History and Funding Committees	2021 - Present
“Carrier of the Five Arrows of Hiawatha” (Mohawk Nation)	2009 - Present
Sigma Theta Tau and Bamboo Bridge Global Tea House	1997 – Present
Midwest Nursing Research Society – Chair of Academic Practice Partner Group (2024)	2016 - Present