

**Dr. Martha's expertise in nursing science and the healing arts has been disseminated through publications, presentations, and events on five continents.**

**37 years Registered Nursing. Graduate Mount St Marys in Los Angeles (1987).**

**22 years Advanced Practice Nursing. Graduate University of Colorado (1999).**

**Board Certified Advanced Practice Holistic Nurse.**

**Award-winning Researcher and Author 9 books and 33 Professional Papers**

**Hundreds of botanical studies translated for nursing practice**

**Designer and author of three practice models:**

**Integrative Nursing, Health Culture Diplomacy, Elements of Care - Precision Botanical Self-care**

**More than 25 collaborations with nurses and indigenous leaders internationally.**

**Founder of the Bamboo Bridge Global Tea House (2006).**

**Invited Speaker on nursing, global health, policy and reform, and wellness innovations for diverse audiences, such as World Health Organization, US Botanical Garden, Royal College of Nursing, and Africa-Asia Forum on Public Healthcare Bioethics for Children and Youth Honoring 100 Years of Nelson Mandela's Legacy.**

**Born - Columbus, Ohio, USA**

**Started career as Denishawn-trained professional dancer in New York City.**

**Degree in dance education/pre-dance therapy (1981) from New York University.**

**Married 26 years to Harold.**

**Raising two energetic 8 year-old West Highland White Terriers named Ros and Rowan.**